



## STUDENT HEALTH SERVICES

Rochester City School District  
131 West Broad Street  
Rochester, New York 14614  
Phone: 585-262-8497  
Fax: 585-262-2613  
[www.rcsdk12.org](http://www.rcsdk12.org)

Dear Parent or Guardian:

**Please be advised that the regulations for health examinations have changed effective July 1, 2018. Starting in the 2018-2019 school year, health examinations will be required for students in grades Pre-K, Kindergarten, 1, 3, 5, 7, and 11.** The examinations may be completed up to one year to the month before your child begins these grades. The exams will be valid for a full year through the last day of the month in which the exam was conducted.

In addition, Education Law, Section 903 and the Regulations of the NYS Commissioner of Education require physical examinations of all children when they:

- Enter the school district for the first time
- Participate in interscholastic sports
- Need working papers
- Are referred to/by the Committee on Special Education
- Are deemed necessary by the school authorities to determine a child's educational program.

We recommend that all examinations be done by your family physician or healthcare provider. If you do not have a healthcare provider and/or insurance, please contact the nurse in your child's school for assistance. You or your provider may return the completed form to the Health Office in your child's school.

You or your physician can access the forms on the District website at [www.rcsdk12.org](http://www.rcsdk12.org) under **Departments**. Look for **School Health Services** and then click on **Health Services Forms**. You may need the Health Certificate/Appraisal Form and/or Dental Health Certificate.

Please call the Health Office in your child's school with any questions.

Thank you for your cooperation.